

AGN. NO. _____

MOTION BY SUPERVISOR MARK RIDLEY-THOMAS

APRIL 07, 2009

An important strategy for combating the childhood and adult obesity pandemic and other chronic illnesses prevalent across Los Angeles County has been the promotion of a Healthy Parks Program that educates children and families about how recreational activity can prevent obesity and other health disparities such as heart disease, diabetes, and cancer. In 2003, the Los Angeles County Department of Parks and Recreation initiated this campaign in partnership with other County departments, City agencies, community-based and non-profit organizations, health agencies and others to reduce the incidence of obesity and other chronic diseases through education, physical fitness and nutrition programs.

The Healthy Parks Program ensures that all County parks include a health-promotion component in all park activities and programs. Participation in such recreational activities has been shown to improve school attendance, behavior, and academic achievement while lowering the incidence of illness, and should therefore be promoted.

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MOTION

MOLINA _____

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I, THEREFORE MOVE, that the Board of Supervisors hereby proclaim the month of April 2009 as “Healthy Parks Month” and urge all incorporated cities, non-profit agencies and residents to do their part in combating the obesity epidemic that challenges the health and well-being of our citizens by attending the wide variety of healthy activities that are scheduled at Los Angeles County Park facilities in the month of April and throughout the year.

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